The Post-deployment Fort Carson Start Brief

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Greetings

- Good Morning!
- How are you today?
- We are glad you are back!
- Our Staff 100% enjoy taking care of you.
- Are you all ready to SRP?
- You all love being here, don’t you?
- Of course, you don’t- it tends to be a much dreaded day

SRP is Different

- SRP use to be a “stamp next” process
- Now it is a one stop Occupational Health Clinic
- You will be assessed comprehensively
- You will have you hearing, vision, dental, physical and mental health evaluated
- Your blood will be drawn, immunizations updated
- Today the big question is – “Are you fit for duty?”

Non-deployable Profiles

- If the answer to the question- is that you would not be deployable in a month or two, then you will get a profile
- Ensures identification all those who need be recovered
- All SM with a ND Profile are case managed
- Purpose: To repair you before you leave the Army or deploy again in a year or two
- No one will be kept from block leave or kicked out of the military for these answers, if that happened we would have no trained Soldiers

The Two Big Questions

Q1) Did you see something so awful that your life has been impacted?

Q2) Did you sustain any injury events and tell me all about them?

These will address 95% of your issues

The SRC Providers

- The providers will be reviewing the DD2796 that you performed in theater- that get to the first question
- They will also review this extra questionnaire that gets to the second question about your injuries
- They will review all your medical records and address any other issues that you may want to address today

The Injury Questionnaire

- The first question is asking about your injury events- not your exposures
- If you sustained 20 blast exposures but only 2 blasts caused you injury, that is what we want to know
- There are some unseen injuries, look at the second question
- A TBI is an injury event and an alteration in consciousness

TBI = Concussion

- A TBI and Concussion is one in the same
- It does not require that you lose consciousness or have residual symptoms
- If the electricity surges and the computer goes down for a moment, that is similar to having your brain be influenced by an event
- Did your brain lose power for a moment?

Look at Question 3

- Those are symptoms of concussion
- If you had 3-4 of these symptoms after one of your exposure, you may have had a concussion
- You need to keep in mind the unseen injury when you answer question 1
- Please answer question 1

Question 1

- Please put the number of times each injury event occurred
- We want to know about any injury whether it hurt your back, shoulder, wrist or head
- Please recall the date of the worst injury event
- Look in your medical record for the date
- Or if you were not seen by a provider, write at least the month and year of your worst injury event

Question 2

- Q2) Please recall if you were for a few moments unable to act or if the details around the injury event are hazy and initially difficult to recall

- If you had an injury event and any one of the answers a-e are true for you, then you may have had a TBI

Question 3

- The first column is asking whether you had any of these symptoms right after the injury event- in the first 72 hrs
- The next column is to see if you have any of these sxs now
- The next column is asking if you have a history of these symptoms
- The last column is to see if you started off with a history, did the symptom get worse?

Question 4

- This question is to get the details of your injury event
- Everyone will answer 4a
- If you had an injury event write down the mechanism of injury and what was injured
- If you had no injury event, write the exact sentence, “I had no injury event”
- If you had no injury event-you may say that you had many blast exposures

Question 4

- Everyone will answer 4M – this is asking you about a h/o pass concussions
- Now that you know the definition of a concussion or TBI- we want the number that you have sustained in a lifetime for each mechanism of injury- in sports, on your last deployment from a fall, etc
- If you still have symptoms from your last deployment please states this in the comment section
- Sign and date the bottom of the backside of page 1
- The last section, page 2, is for the providers to address

Question 4

- Please answer each question and if it does not apply bubble in n/a
- Everyone must answer 4L- that is about a history of concussions- we want the number of concussions under each mechanism of injury
- The last question is about whether anyone was witness or knows about your injury events- please write their rank and first and last name
- Sign the bottom of the form and date

Highest Quality of Documentation

- Our goal is to get the highest quality of information into your medical record
- How many of you did not seek medical attention in theater for any of your injury events?
- If not had an injury with no documentation, raise your hand- here are two affidavit
- You fill out one and your battle buddy or someone in your COC can fill out the other
- You will get this notarized in Room 202

What is meant about the quality of documentation

- We want the highest quality information in your medical record for VA benefits and to ensure your providers and leadership understand that you had an injury even though you did not seek help
- The highest is documentation from theater at the time of injury
- Second highest quality is when you say something happened and someone can support you
- Sometimes we know things happen and no one is around, so we will accept self report

Questions?

- Okay- we will be reviewing your questionnaire for completeness as you go out the door
- You will take this questionnaire to review with the medical providers
- If you have any trouble today with the process or if you do not feel like you were listened to, let me know and I will fix it immediately
- Welcome Home!